



KCC VOLUNTEER PROGRAMME

Information Booklet



**AN EMPOWERED
INDEPENDENT AND
RESOURCEFUL
HUMAN SOCIETY**

WHO IS KCC?

We are Kitendo Children's Charity, a charity based in Naivasha, Kenya working directly with children and families living in poverty. We established in 2009 and became a registered non-governmental organisation in 2011. At KCC, we believe that all children deserve to live in a supportive environment, have access to quality holistic education, and enjoy a healthy mind and body in order to have the best start in life. We provide services for 170 children at varying levels with our key projects: food and nutrition, health, education, girl-child support, women's empowerment, and school construction.

WHY VOLUNTEER?

The KCC Volunteer Programme is a short term placement based on the needs of KCC where you can use your passion, energy and skills working alongside KCC staff to make a difference in vulnerable children's lives. The distinction of this programme is that it focuses on the needs of KCC as an organization first and foremost. As a result of this mindful focus, you will gain invaluable life experience .

Give your best. Build our future. Grow as a person.

Sound like you?

KCC VOLUNTEER PROGRAMME

WHY KCC NEEDS VOLUNTEERS

Since 2009 we have hosted over 240 volunteers from all corners of the world. . Volunteers contribute significantly to the daily running of our projects and have enabled KCC to grow in the way it has meeting the ever growing needs of running an efficient organisation. One of these needs is providing local jobs that pay competitive wages maintaining a healthy and loyal local work force. From your programme fees 35% is donated back into operations and projects that is all part of the wider mission of KCC.

Our next major phase is to build and establish KCC Primary School. Plans have been drawn up and approved so we are now fundraising for this project with a construction budget of US \$500,000. When you volunteer with KCC 20% of programme fees will be allocated to this school construction project. With your contribution to the building fund the school can become a reality in a few short years. Something that you can be proud of and potentially come back to visit in the years to come.

As well as funds, volunteers are essential to our ongoing progress and momentum in terms of skills and services they provide. Because of these services we are able to grow in ways we wouldn't be able to if we were paying for every service required.



**YOU CAN HELP BUILD
KCC PRIMARY SCHOOL.
STRAIGHT FROM YOUR
PROGRAMME FEES 20%
IS DONATED INTO THE
CONSTRUCTION FUND.**

KCC VOLUNTEER PROGRAMME

HOW IT WORKS

This volunteer programme is a short term package focused on three main placements based on the real needs of KCC. The volunteering takes place in Naivasha, Kenya and the placements we offer are ; Childcare, Teaching, and Office Support.

You can choose the length of your placement between; one to eight weeks as well as the type of placement you would like to do. We accept volunteers from January to November each year and have two intakes per month on the 5th and 20th.

The registration fee is US \$299 and is only paid once you have been officially accepted into the programme. Programme Fees start at just US \$315 and include airport pick up and transport to Naivasha, orientation and project transport, home stay accommodation, breakfasts and dinners, 24-7 support and a donation to projects.

When you volunteer with KCC, the overriding goal is to provide a boost to KCC by serving specific needs. When you apply we look at your skill set and experience to ensure that time is well invested; that this experience is as rich for you as it is for KCC.





WHAT WE OFFER

Affordability

Our fees are competitive and we provide excellent value for money without compromising on safety, quality or service.

Commitment

From the word GO, you will have direct contact with KCC in Kenya. We aim to ensure all your questions are answered within 48 hours (two working days).

Need

Our placements are selected on the actual needs of KCC matched with your skill set and abilities.

Safety

Whenever you travel abroad there is always an element concern for personal safety. We make sure you are aware of the risks and your safety concerns are answered.

Transparency

We place financial integrity at the centre of all we do. All money you pay for your placement is broken down clearly.

Support

As soon as you are accepted into a placement you will have access to quality support from home and then while on placement 24-7 support from our team.

VOLUNTEER PLACEMENTS

Childcare

Come and join our weekday preschool for the full experience of helping some of Kenya's most vulnerable children, aged 3-7 years. Along side our school cook and teachers you will experience the highs and lows of pre-school life and should walk away with some great memories. Our children's programme incorporates education, health, nutrition and life skills. Your placement will be varied based around these key areas. The main work is in the kitchen, garden, classroom and outdoor activities. You will help prepare meals, clean, perform general health checks, assist teachers, organise activities and other tasks which are all focused on the holistic development of children.

Teaching

Teach in our pre-school for vulnerable children aged 3-7 years. At this level it is simple and basic learning. You will teach along-side KCC pre-school teachers on specific subjects and themes within the prepared lesson plans and schemes of work. As well as teaching your tasks could be marking books, preparing for specific classes and activities, preparing teaching materials, organising activities for the children such as sports, games, music and creative activities. To prepare for this we advise looking into a TEFL course that can be done online. The language at this young age is predominantly Swahili so if you really want to gain the most out your placement

Office Support

We are growing as an organisation and so, our workload is also growing! This placement is one we value highly as the skills and capabilities you can offer, can be a significant boost for our operations end. Your contribution we are looking for can be any/or a combination of organisational, analytical, creative, or technical experience. We value this kind of support as it saves us resources and moves us forward faster. As a young NGO we have a lot of needs but below are the areas that stand out as priorities:

- Grant and proposal writing.
- Fundraising.
- Content and copy across communications.
- Graphic and web design.
- Event and campaign management.
- Photography.
- Office support including data entry.



WHAT WE ARE LOOKING FOR

Requirements

- You must be 19 years old by the time placement commences.
- At a minimum must have completed high school education.

Character

- Have a high level of honesty and integrity.
- Be non-judgemental and hold a high level of empathy.
- Have a positive attitude and be open minded.
- Be flexible to push your limits and to learning new things.

Skills

- Have strong English communication skills.
- Possess good interpersonal and cultural sensitivity skills.
- Able to work un-supervised and part of a team.
- Ability to listen and follow leadership instructions.
- Able to take initiative.



**GIVE YOUR BEST.
BUILD OUR FUTURE.
GROW AS A PERSON.**

HOW MUCH WILL IT COST?

Registration Fee

US \$299 (non-refundable) - This secures your placement and is only asked for after you are sent our acceptance email.

Programme Fees

All fees are stated in USD and are paid through our website.

Placement Length	Registration Fee	Programme Fee	Total
1 Week	\$299	\$315	\$614
2 Weeks	\$299	\$430	\$729
3 Weeks	\$299	\$545	\$844
4 Weeks	\$299	\$635	\$934
5 Weeks	\$299	\$730	\$1029
6 Weeks	\$299	\$850	\$1149
7 Weeks	\$299	\$950	\$1249
8 Weeks	\$299	\$1070	\$1369

Refund Policy

KCC only provides refunds on Safari and Programme Fees. The request must be received no less than 45 days from departure date. The request must be made in writing with an explanation as to why the refund is needed and can be sent through email. The refund incurs a 25% administrative fee on both sets of fees. Once the request has been received KCC will email the response with the confirmation of receiving the email.

What the Programme Fee includes

- Airport pick up and transport from Nairobi to Naivasha and back.
- Home stay family accommodation and meals (breakfast and dinner).
- Orientation and project transport.
- 24-7 support.
- Project donation PLUS 20% of your fees, are put towards the primary school construction project.

What the Programme Fee doesn't include

- Flights, visa, travel insurance.
- Criminal record report
- Vaccinations, anti-malarial.
- Safaris, excursions, souvenirs.
- Spending money, personal items.

We recommend to have a personal budget of US \$35 per week to cover costs such as phone and internet, bottled water, snacks, public transport, lunches, drinks and entertainment.

Placement Length

Each month there are two start dates you can choose from: 5th or the 20th. The maximum number of people we can accommodate at any one time is six but if the dates you select are not available, we will offer you some alternatives. Applications should be made no less than two months before your flight departure.



WHY PAY TO VOLUNTEER?

When you travel to a foreign country to volunteer there are obvious costs involved in the whole process. Coming through KCC has immediate benefits to you as a tourist as we can give you the assurances and confidence that everything from the KCC end, will be done to ensure you have a safe, secure and enjoyable time in Kenya. Our fees are clearly stated and include transporting you from the airport and to placement each day, hosting and accommodating you, providing 24-7 support and a full orientation. Included in the fees there are donations that amount to 55% of the total amount paid. Out of this 35% is allocated to the KCC monthly budget and 20% to the primary school construction fund.

**STRAIGHT FROM
YOUR FEES:
35% WILL SUPPORT KCC
PROJECTS AND
20% WILL HELP BUILD
KCC PRIMARY SCHOOL.**

LIFE AS A VOLUNTEER

Arrival

Upon arrival at the airport you will be met by one of our drivers. If you are arriving after 6pm, you will be taken to our Nairobi accommodation that is with a family home stay. In the morning you will then be brought out to Naivasha which from the city centre is 76.28 km (47.4 miles), from Nairobi. If there is anything you might need such as currency exchange, this can be done before heading out of the city. If you are arriving before 6pm the driver will bring you straight out to Naivasha.

Orientation

Once you arrive in Naivasha you will be taken to the home stay and settled. Orientation starts on either the 5th or the 20th of each month, so you will need to arrive the day before you start. Orientation is run from our office in town and this is where you will get to know our staff, where things are in town, transport, safety and security, and placement information. On the following day you will start placement and we will begin by introducing you to the school team, children, and a walk around of the pre-school and the KCC informal settlement.

Accommodation

Your host family is very involved in everything that happens at KCC. Their house is in Naivasha and a 15-20 minute walk to the centre of town. At times the house can be full and feel very different from what you may be used to at home. There is indoor plumbing. Showers (often not running water) are quick and cold but get the job done. Volunteers all share the same room with several bunk beds. Space is tight so be mindful of those around you.

Family

The host family is absolutely wonderful. They have small children that are always curious and looking for help with homework or new friends to play with. Take the time to chat with Catherine as she is an incredible resource for all things KCC and Kenya and a genuinely great person.

House Rules

At orientation you will be given a package with some information that will include the house rules. These are guidelines for living at the house within a family context.

Food & Meals

Food in Kenya is quite healthy. A lot of the food is based on rice, beans, lentils, maize, potatoes, kale and other common vegetables. Breakfast is always simple with tea (chai) and bread. Lunches and dinners are fuller and consist of a hot meal. Fruit in Kenya is tropical and full of flavor. There are also three supermarkets in town where you can get a variety of other foods also.

Phone

You can pick up a simple call and text phone when you get to Naivasha for around Ksh 4000 (US \$40). The sim card just costs Ksh 100 and you will need to bring in your passport to register your sim, before they issue it to you. The country code in Kenya is +254.

Banks

Naivasha has all the major Kenya banks on one street all of which have 24 hour ATM machines.

Day to Day

The following schedule is a rough guideline to get a glimpse at what a week day could look like.

Please bear in mind these times are approximates.

- 6.40am Wake up and get ready for the day!
Breakfast is self-serve, chai (tea) and bread is always provided.
- 7.30 Be ready to leave the house. A van will pick everyone up outside the house gate, so don't be late!
- 7.45-8.00 Arrive at school or office
Depending on your placement, the tasks and jobs will vary in the morning and afternoon hours.
- 10.20 School morning chai break
- 12.30pm School lunch
- 1.30 Leave school and return to town, office or house
- 2.00–5.00 Afternoon jobs if you have been assigned them and then free time.
Be home before dark. If you will be out later, communicate with Catherine and arrange a safe ride home.
- 9.00 News Hour. TV is a prime source of Kenyan news so please respect the house and be mindful of noise levels so the family can watch the news...feel free to join!

Sleep. The days are long with early starts so make sure you take care of yourself and rest.

At orientation we will take you through more closely depending on your chosen placement.

What is expected and the school timetable.

TAKING A DEEPER LOOK

Over the years there has been a narrative of Africa told by media, celebrities, musicians and others, that "Africa is in need of saving by the west. It's a desperate and hopeless situation". This narrative has to a greater extent done more harm than good. On the one hand this has spurred well intentioned individuals coming to Africa to do good. Humanitarian aid organisations have set up programmes and offices and have helped hundreds of thousands of people gain access to life essentials. By and large, this has contributed to the development of the continent.

On the other hand, there have been celebrities, musicians and activists that have done their charity work in order gain fans and prove they are good people. Misinformed individuals who have made grand speeches and running charity events all in name of "Saving Africa". These messages are then filtered down to everyday people, who then wish to come to Africa and do their charity work, for a smaller Instagram following. For some people, charity work is based purely on scoring moral high ground points, which are often misinformed and often make more of a mess of things than the actual help they thought they were bringing. We ask people who are planning to come and volunteer with KCC, to take some time to consider these arguments and read through the articles and watch the videos provided.

This will help you prepare for what you are about to undertake. It's important to ask questions and challenge our presumptions, perceptions and motivations for coming to Kenya to volunteer. KCC isn't looking for people to "Save Africa". When you come to KCC you are coming to be part of our community and support KCC within the needs and priorities we have, first. Once you understand this, then your whole experience will actually become significantly better as you will leave knowing that your time was well spent.

Articles & Videos

#InstagrammingAfrica: The Narcissism of Global Voluntourism

www.psmag.com/business-economics/instagrammingafrica-narcissism-global-voluntourism-83838

An African Message for America: Boniface Mwangi

www.nytimes.com/2015/01/06/opinion/an-africans-message-for-america.html?_r=0

Fashion for Relief - Guardian Newspaper, 20 February 2015

www.theguardian.com/fashion/gallery/2015/feb/20/naomi-campbell-fashion-for-relief-the-highlights

Proble Matized Frameworks: Influence of News Reporting on Development Communities

www.problematizedframeworks.wordpress.com/2014/12/15/the-influence-of-news-reporting-on-development-communications/



KENYA

Population 44,354,000 (WHO, 2013)

Location in Africa East Africa, along the equator line

Neighbouring countries Tanzania, Rwanda, Uganda, South Sudan, Ethiopia and Somalia

Climate Kenya enjoys a mostly tropical climate that varies throughout the country. For most of the country daytime dry-heat high temperatures range from 20 to 25 °C - 68 to 82 °F.

National language Swahili and English

Famous for Marathon runners, tea and coffee, safaris, amazing sunsets.



HOW TO APPLY

1) Apply online at www.kccslumproject.org/volunteer by filling in the online form. With your application you will need to scan and upload the following support documents:

- Passport photo ID page.
- Your current CV / Resume (not less than six months).

2) Your application will be reviewed and if it's successful we will send you a welcome email containing the following:

- Placement Form to fill in (based on your selection).
- Personal Reference Form for two referees.
- Supporting documents required.
- A what next check list.

Once you have sent through the forms and supporting documents they will be reviewed and if approved, an acceptance email will then be sent that will include the payment information and KCC Volunteer and Fundraising Guidebook. This is a 30 page PDF with everything you will need to know and prepare for.

3) Once accepted, there are two sets of fees you will need to pay to finalise and secure your placement.

- Registration fee US \$299 which will need to be paid in full within 5 days of the acceptance email.
- Programme Fees will then need to be paid no later than 30 days prior to your flight departure.

CONTACT US

info@kccslumproject.org
www.kccslumproject.org

